



The Alchemystical  
Golden Means  
A Word to the Wise

Terra Christa

Copyright© 2025 by Terra Christa

All rites, artwork and cover design by Terra Christa is reserved for US All.

No portion of this book may be reproduced in any form or by any means

Without the express blessing of the author,

Except by a reviewer

or viewer who may quote brief passages for evaluation

or revelation of the whole.

Great-fully to explore information in relation to any of the AltheMystic Books,

Or investigate other inspired works by the Author go to [www.terrachrista.us](http://www.terrachrista.us)

Design credits: Cover Silk Artwork Titled ~ AltheMystical Golden Means

Interior Silk Artwork

Ink Art on Handmade paper

Artwork Lead to Gold on paper all by Terra Christa

All forms of writing and editing all by Terra Christa

Author's photo by Lindsay Light

Books may be ordered through Booksellers and Amazon:

Because of the dynamic nature of the Internet, any web addresses or links  
contained in this book may have changed since publication.

The author does not dispense medical advice. The intent of the author is just...  
to offer information of A Higher nature to serve in your quest for emotional  
and spiritual Well-Being.

Library of Congress Control Number: 2025904775

## A Word to the Wise

⊞ Heartfelt Dedicate

# A Word to the Wise

from the God/US

in US All

To A<sup>1</sup> world yet in slumber

⊞ whisper A breathless call

Here ME

In A silence so loud it cannot be heard

⊞ caress you from **THAT**<sup>2</sup> timeless space

Touching A place

**THAT** cannot be felt

⊞ in-vision Now through endless portals

A way of life

**THAT** cannot be seen except through the naked ⊞

⊞ savor Being

An exquisite taste

**THAT** is palatable to A boundless few

**in no scent** ⊞ detect an aroma

**innocent** with A sense of awe

Struck and in wonder of time less space

while keeping its pace **Golden Means** to Be-Loved

# Now

---

<sup>1</sup> Capital A in this and all upper cases **Golden Means** it relates to Alchemy for the One Who can understand in relation to the nature of any AlcheMystical Experience.

**Golden Means** A symbol OF Sacred Geometry.

Sacred Geometry is the language of the Universe;  
accessing the language resonates God/US.

<sup>2</sup> Here **THAT** is all ways in reference to A vibration of A **Golden** nature within US All, and in reverence to the unspeakable **Golden Meaning** for 'The Word'

**THAT** Christ spoke of in the statement

I Am **THAT** ⊞ AM... spoken in A state meant as Our **Golden Means** of communion.

Hence forth ⊞ AM writing **THAT** as **THAT** for distinction

and/or dimension.

⊞ as A 3<sup>rd</sup> eye; AM is an acronym for AlcheMystic...and reverse

dna is A ⇄

and... A clue.

The AlcheMystical Golden Means

Explore other Books  
by the Author

The AlcheMystic food foreThought

The AlcheMystica Letters to father Michael

# Table of Content

Introduction	07
Artist Statement	13
The Root of Us All	15
Crimson	18
Alchemy at Its finest hour	19
* AlchēMystica Wise	20
AlchēMystic Wise	23
God I'm Awake Love Terra	25
ISIS	26
Carpel Tunnel Vision	27
The Human Race	30
A Mystical Race	31
Being Here/Now	32
Tool Box	33
* Purge	34
Earth Conscious	35
A Master Plan	36
* Rose Matter	38
Why are Some Roses Red	39
So What Every Which Way	41
Expect Respect	43
Love Bound	45
Relation With-Out Expectation	46
The Back Door	47
Loving	49
Beauty & The Beast	50
Breaking A-way Finding Aurora	51
Crucifixion of the Ego	52
Splashes	53
Window Pain	54
God Deliver Me Patience	55

\*This asterisk doesn't indicate its A footnote.

Yet is A risk exposing Artwork *THAT* denote Sacred *Truth*.

## The Alchemystical Golden Means



Patient	56
My God is A Gentle God/US	57
Since the Light	59
⊥ Am	60
Selfish as A Light	61
Light Conversation	63
WHY ask Why	65
Rite Full Family Matters	67
I'm Going Home	69
I Can't Stand it God Help Me Understand	71
Now ⊥ Comprehend	72
ForEver More	73
Death Wish	75
Beyond Birth	76
Levitation Wise	77
* Solar Flare Up	78
Glass Floor – Ceiling – Walls	79
Flight of Adam Plight of Eve Light of Adam and Eve	81
* Silent Sound	82
Sin Sger	83
Wholly Mother Holy Spirit	84
My Mother My Teacher My Friend	85
Joy US	86
The <i>Truth</i> from A Daughter's Dad	87
* Genetically Codex	88
It's in the Gene's	89
Women's Rites	91
Gay Rites	93
* Temple Secrets	94
Taming the Shrew	95
Love of God/US	96
Being Chosen	97
Whole Being	98
Being Human	99

## ¶ Word to the Wise

* Womanity	100
The New Face of Eve	101
Finding ¶n Omen	102
¶ A Moment with MySelf	103
Facing My Self - My God/US	105
* Truth in Motion	106
Hallowed Be Our Time of Life	109
* Knight Lily	110
Day lilies from my Knight	111
In ¶ Scent – Of Love	113
* Akashic Scroll	114
Relation Ship of Love	115
Love Notes	116
Match Maker	117
Mentor Ring	118
¶ Clear Daze Elixir	119
Broken Heart - Open Mind	120
Soul Mate	121
All ONE	122
¶ Present Love	123
Heart Mate	124
Phoenix Rising	125
Comforter or Lover	126
¶ Allowing God/US Love	127
* ¶ Promise	128
¶ Promise	129
Be Cause Fire	130
Metamorphose and Flight of an ¶vatar	131
My Rite to Life	133
Heaven Scent	135
Immaculate Conception	137
* The Beloved	138
¶ AfterWord	141
¶ About the ¶ Author	143

# The Alchemystical Golden Means



The more cryptic the Alchemical writing  
The more direction and Sacred Secret  
one Key  and or Clue   
'IS BEING' revealed  
**THAT** Golden Means  
It's all about  
Alchemy



## Introduction

Poetry is an Art; ♪  
A language where rhythm is key to its composition,  
and setting A tone is essential to its delivery... ♪ ♪  
while adding A note for clarity resounds A message to all levels of Being.

**A tone for clarity...** Sound familiar? ♪ ♪

Reading my Alchemical Poems is listening to an intimate conversation  
uniting my Mind and Heart revealing information from One's Self...

1. To clear the air of repressed thought form generating fear and doubt  
impressed upon US from generations past.

2. Unearth the deep rooted pent up<sup>3</sup> elemental  
mental memories locked in time.

3. Unleash tearful water of A Heart venting subconscious C<sup>+</sup>-motion  
for preventing unconscious commotion.

4. Ignite A fire of passion<sup>5</sup> by circumventing primal genetic codes  
and bypass mutation from any familial genetic sequences  
passed on through many eons of generations...  
so as to pass on here Now just our Good genatrix.

In other words; the God<sup>6</sup> genz.

Genesis

5. Free our Spirit 2 thrive on Love ✠✠ GenIsis<sup>2</sup> ✠✠<sup>7</sup>  
and live each precious moment

in five dimensions fluent in A language of Spirit  
and affluent in A language of Love.

Remember Now to live the Art of Alchemy is A language easy to  
understand... because it's A genuine means of communication  
dna Be cause ⊕ to Golden Means A communion with God/US.

---

<sup>3</sup> In Alchemy there are no mistakes; everything has direction and intent.

Here *Pent* is A hint for five, and elemental... the root Pent (Greek for 5)  
Now *THAT* is clearly A clue to five elementals and up as higher<sup>^</sup>

Fire, Earth, Water, Air and Spirit as the fifth element all together represent  
A key, A portal, A sign, A step or A way to 5<sup>th</sup> dimensional elemental access.

<sup>4</sup> C\* E is one scientific symbol for Energy worth mentioning in Carbon\* base dimensions.

<sup>5</sup> The word passion can mean Pass Ion or Pass ⊕ on; (you can determine the differences).

<sup>6</sup> ⊕ see God all ways infers God/US as Universal Source or the Oneness of US All.

US as Universal Self is also A Oneness in US All.

<sup>7</sup> *THAT* GenIsis<sup>2</sup> (Gene of Isis power of 2) is an Opal Essence energy accessed from Beyond.

## The AlchēMystical Golden Means

⊕ would like to in-form you about how the Alchēmy of *The Word* works  
AlchēMystically.

There is little justification as ⊕ am writing Alchēmically. In some places,  
While reading horizontally, you will get to A point where the mind is  
Instructed to read vertically, shown in the Alignment above.

Naturally, in some cases the bold letters catch the eye, directing to  
Keep the integrity and purpose of the message with its keys and clues.  
Language like any other, can seem mysterious, yet once learned, WE  
Enter A whole new world of In-formation and opportunity.

THAT is in form at ion dna opportunity.

What is the purpose of this kind of writing?

It's A way to train the mind to communicate with A 5<sup>th</sup> dimensional Self.  
The 4<sup>th</sup> dimension is linear, so we are taught with-in-finite linear ways.  
Here, the 5<sup>th</sup> dimension is multi-dimensional with infinite opportunity.

Look for the hyphens - see multiple ways the mind can read, and does.  
Over time the mind had read many words with multiple meanings  
Verily without you even knowing what 'IS Being's comprehendēd.  
Even comprehendēd: the root of com means commit prē endēd.

Also as A root of com means together

Making this word contradictory... to say the least.

⊕ can see why it's no wonder we can't get off the Karmic wheel  
with no wonder left with Mind Ego locked in conundrums.

Footnotes will give A lot of direction with its tidbits of wisdom,  
Or outright clear explanations about the Alchēmy at hand.

Realizing THAT depth of Self... through exploration, is life altering  
and THAT is the gift of an AlchēMystic. Altering is offering to God.

Understanding, in A way, as AlchēMystics is A door way in... while  
Sensing and invoking your AlchēMystica is Adore way home.

How can the Poems, as well as my other writing, in light IO your way?

As you'll see, just reading the book exercise and enlighten the mind. Be  
Patient with the writing, the cryptic style may challenge the mind/ego's  
more traditional 4<sup>th</sup> dimensional style at first.

Please, ⊕ implore you to continue reading through the obscure style.

You'll find significant

signs with hidden →'s or clues like Left Vertical Messages<sup>9</sup>.

---

<sup>8</sup> 'IS Being' refers to the Sub-Conscious Self. A part of Self THAT beats your heart,  
blinks your eyes, and all other functions you couldn't possible consciously do.

<sup>9</sup> Notice the first letter in each line is higher case, reading down bequeaths A LVM.

# Artist Statement

As an AlchēMystica I have discovered all of my work is a blend  
of AlchēMy  
and Mysticism.

I have found My poetry to be the language forged from a love affair  
between My Spirit and Soul. In the thralls' of *THAT* love affair  
Many of the Mysteries have revealed their Sacred Secrets to ME.  
I consider My Self a witness... the partaker of *Truth*, and I am also  
The fortunate expression of *THAT Truth*.

Oh how blessed we are to be able to say... "We lived *Through* all *THAT*."  
To be the one to capture the essence of life... to BE *THAT*, even for just  
a fleeting moment, and Now...

Now...

Now... from a lunar core

I form a solar plexus

as I forge a head, in us as a way, to write  
the rite

I Am Here Now bringing forth a piece of my stories right!  
revealing forth-right from mysteries  
exposing forth dimension mysterious shroud.

Likely the who *THAT* I AM writing these words here, isn't the same  
ME Now as you are reading them. Though

Eternally grown and **NOW** we are equal,  
and I am grateful for *THAT*.  
the passing of time, I have  
*Through*

I find *Word to the Wise* brimming with- possibilities  
in-possible clues  
beaming with- bright Light Work  
in brilliant metaphors  
for ascension,  
and teeming with-tidbits and/or morsels of *Truth*  
in-sight full →'s 4 more  
2 explore.

And I AM beginning it all with a dream... Enjoy the View!

The AlchēMystical Golden Means

# POETRY

A  
R  
T  
F  
R  
O  
M  
P  
A  
R  
A  
D  
I  
S  
E

## The Root of US All

This morning I woke from A dream about Being beside my root chakra.  
Or so I thought,

so I scribed my thoughts.

It looked like A shadowy tree trunk, hard as stone,  
dark as the night...  
unfolding as A knight  
as I stood... still.

Before us an entrance, somewhat like A cave, neither con-cave or vexed.  
Everything seems black yet shining bright, as if **ebony** on A keyboard.

I knew US to be standing beside One... an-other I **very** white,

We entered together

**Ivory** white, I pray...

Each One... to gather **with~ hand**  
**in hand**

Loving presence all around **and** about US.

Looks like the seeming petrified wood halves

**or** would have

could have

Turned to **stone**

**or** should have

**one** by one

And just A **stones** throw away too...

As the two of US... become deeper

Before we know it... **We** are **EVEN**...

reapers

Like two innocents; **Adam & EVE**

Each trusting One... **Self**

The sent became menstrual

Undeniable it's instrumental

Rite to my **core**... its Magical

**or** it's Mystical,

**or** philosophical... as essence of A Philosopher's Stone.

Now I'm accordingly **proceeding** in-sight for A Reaper no longer grim

Here Now **sceding** One Self as A Lover of **Truth**♥

Every possible conscious awareness turns

Deep lush satiating **crimson** colour, texture, taste,

And all in A hue... man shape.

Natural are we with-out the shame

Discovering Our Heaven,

Our Garden of Eden again...

## The Alchemystical Golden Means

The colour warm to the touch.  
Or it's touching to say the least.  
The cup for each

to reach for One... Self  
As **crimson** runs deep... I feel A hand, in no sense  
Here and **innocence**  
Now running its course  
coursing through my veins.

Liquefying with graceful ease,  
and full of grace are We...

Innocent... I am in know sense Now  
Nullifying the shame,  
Numbing the pain of...  
Opening me, as I open you.  
Caresing from A place unknow as yet,  
Extending One Self... extending ME  
Naked within the womb.

**Crimson** coated and Beloved flames are We...  
sensing you sensing me,  
Entirely comforted with A warm fluidity  
for A journey into Eternity.

Is it really you?

Sensual, com-passionate and erotically satisfying... me  
My Beloved satisfied by ME  
You are ME... or are you Adam to my Eve  
or Odysseus to my Penelope  
or Eros to my Psyche  
or simply can I Be pure Love to ME

Standing with- me

Touching me in your warm embrace  
Opalescence is the energy I do... imagine A palace creating  
Right before my eyes A place liken to Mother Earth  
Yet left for you and me to be... A placenta of sorts  
together or vessel  
to pass in...  
to.....infinity.....

The walls feel as if made of flesh  
Holding me as you press and impress with your soft caress  
Eternity... I sense here as an opal essence sound... Ding♪♪  
hear ME now?

## A Word to the Wise

My being is... our being...

your being rejuvenates US with each passing gesture.

Your hands, your mind, your heart, your soul touches ME

our hands, our mind, our heart, our soul touching Eternity...

Soft and still... I cannot tell what's up or down

Top or bottom, in or out, you or me... or is it US.

Everything... everyone passing through ME.

Resting here in your arms now I see

You and I are One Being

One Being US

Universal Spirit... Almighty...

Now known as US All mighty.

Vulnerable are these words I speak,

Ever softly I whisper the secrets to thee... my Beloved AlchMystic.

I have followed my heart and it has brought me Here Now...

Love is in the air...

Eternal is OUR command;

Destined for Destiny and

Now I understand...

Yes, I write I understand,

Or did I just understand?

Understand ends in and... so I knew there was more.



Later **THAT** day I put pencil to paper

then fingers to keyboard to scribe the next wave of

AlchMystical thought seeping through to my conscious mind;

or should I say unconscious now conscious mind.

Somehow the visceral detailed **m**emory

transformed **m**e and saturated my thought

process and affected my writing

The re-membling we call A process my way of Being

is AlchMystical and my life ForEver.

Alchemy at its best.

What happens next is one AlchMystical sample

and Magical example of A wave of

A poetic language of mind and heart communion with... in my Self.

Virtually proving how the Alchemy is present in One's life, showing

Everything is connected... from in-side out.

## The AlcheMystical Golden Means

# CRIMSON

Who are you? **SON** of God?

or God/US maybe...

Why haven't I noticed you before?

As you are... quite **prevalent**

or A factor of course just **relevant**

for exposing A **Golden Means valiant** in ME...

Your colour vibrant in A **scent**

as I **sense** ecstasy **inhaling** me

Even the sound of your name takes me **In...** and makes Me

**hail** you more

Your beauty-full of promise

**Intimately!**

Your taste... fully palatably and exciting

Your sense of life I can barely imagine... until Now

With **THAT** openness of *Truth*... I re-member thee

Crimson! The making of Love ♥ I embrace thee

23



<sup>23</sup> As I put lead to paper the memory of my Being drenched in **Crimson** while in the arms of my BeLoved took hold. After I **read** the words, I put **Crimson** in Yahoo search engine for an image

to imagine the colour I'd experienced. This is the first image and it says it all.

How Apropos! Considering my constant reference through my life to Psyche and Eros.

An example for how all communion with One Self is A true language of L♥VE.

Language **THAT** stimulates all the senses for One to communicate in multiple dimensions.

Obviously, this wasn't just any ordinary dream, It was laden with unconscious clues,

nuances and keys **THAT** implied A *Truth* of what Love is,

and what Love isn't.

Vigilantly, years later, as I prepared to give the image credit in this book, I had to go through.....

.....thousands of images to find it. How it showed up first on **THAT** day is AlcheMystical.

Eventually I found it on the site <https://world-top-best-hd-wallpapers.blogspot.com/>



# Alchemy at its finest **HOOR**

## OUR-Time Together

In the twilight I sit  
upon the edge of light and dark  
An edge so sharp it cuts deep  
into the silence of my awareness  
Until only darkness surrounds Me Me me...  
and the mysteries become blatant to me  
It's heaving presents ebbs and flows  
in my body with each breath  
As its all-encompassing sound reaches its farthest limit  
returning just in time for the next beat of my heart  
I realize just I can know what A mystery is  
yet I sense the capacity to Adore... US All  
Suddenly... I begin to view A door appear  
and through the All... mighty door I am lead to  
understand it's All... Rite around US  
and it's All... ready about US  
as I withstand the fire burning A way 2 learn  
A life 2 earn  
A tone 2 hear  
A tone 2 prepare  
At one 2 do share  
as 2 emerge complete...

Our colour; A vivid blend of nothing... unusual  
blending to perfection

Brighter than any light...  
with-in-sight as I see perfect Union

Clearer than any hue... Man  
or Womb Man

With A tone breaking all laws; of spectrum  
of sound  
barriers broken beneath, around and through  
earth  
between dimensions  
beyond US All.

# A Master Plan

⊖ know the pain of A Master  
Performing A right to know  
rite to know  
write to know A bout  
A blazing desirz...  
A longing  
just to stay A head of our own real ⊖ zing  
Literally ⊖ open up-on One Self  
A tiny glimpse of some One precious  
Now left inside his own head  
right inside her  
in stead-fast... she cried A loud  
A long  
A long time  
just to stay A live within our own real ⊖ zing  
A door begins to open Here  
She sees A light in daze  
Keeping A promise Now  
Is A vow  
As he calls to her at night  
like A Knight Bird in the fog... 'know wing'  
'know wing'  
Who she is... right now 'knowing'  
rite now  
write now... A voice began to whisper  
As 'A rose' appeared like A Phoenix  
**arosz** amidst his ashes and her tears  
Years go by... one by one... as time does tell them to be pious  
She sent A note  
A tone  
A letter  
Asking him to trust  
He sent A message through her knight "Don't give up on **us**.  
Even though it may seem surreal, somehow we t2o must trust."



Title - Cruci-fixed  
Medium - French dyes on Silk

This Art Piece is also the back cover of my Book

*The AlcheMystical Letters to Father Michael*



# Splashes



Splashes of Knowledge

on the windows of Our mind  
coming from where...

Unknown

Beats of *Truth*

knocking in rhythm in One heart  
constant and sure...

'Patience' I hear

or  $\perp$  Here

Allow - Allow

the absorption of vibration  
to bleed to the core  
for it is only from the inside  
A-dore

or window can be opened  
making **ME** vulnerable  
to the *Truth* of knowledge  
and knowledge of *Truth*

Oh the pain!

And soothing comfort!

Allow - Allow

the splashes to become waves  
as beats become thunder

Where **THAT**, in **know sense**,

Here imbues **innocence**

So as **t2o** become **sensitive**

to experience the rhythmic  
shores of our Soul

# Light Conversation

Do I call up <sup>on the mind</sup> it.

A memory  
memorized by the flicker of *Truth*  
mesmerizing  
me...

like A star twinkling in the night sky  
The One wished upon by both lover and child  
Sealed with the magic of an ancient mystery  
While untold secrets lie...  
Daunting and prostrate by the shadow of time  
Dawning on **ME**...

**M**other **E**arth

A Light in US All has awakened within  
✦ A full 🔥 blaze of Glory ✦

## The AlchēMystical Golden Means



All One

There is enough Love for all in you  
just step aside and let it through  
Giving it away is not your task  
letting it flow over is all I ask  
Your Love shall NOW shine  
so as to reveal the sublime  
Focus NOW on simplicity  
in matters of style and  
ways of serendipity  
Now you can know  
an effortless way  
showing One  
who has  
atoned  
Here  
Now  
A  
L  
L  
O  
N

THAT IS Gratefully ALL ONE and Grail-fully One for All

## About the Author

As a clairvoyant and AlekhMystic artist, writer and empathic facilitator of the Art of Well Being for over 35 years; an Art she calls **GenIsis<sup>2</sup>**,

(Gene of Isis power of 2)

She has developed an ability to expand the magnetic field for the Soul purpose of Ascension. After a spontaneous initiation and awakening in 1987, where she experienced her Self... One with everything, she left the corporate world and began her journey of Self Discovery. A journey



THAT has taken her all over the world; from the Great Cathedrals of Europe, to the Kivas of the Great Southwestern Plains, from the Spirit of India to the essence of Bali. From mosques, churches, temples and shrines of numerous beliefs like Batu Cave in Kuala Lumpur, and Mystical Places like Damanhur in Italy or Stonehenge in England; where past and future meet HERE NOW.

In her search for *Truth*, she has found a unique Oneness. Though each encounter has honed her innate AlekhMystic abilities, her greatest teacher she has found within. A calm, subtle, commanding inner voice has patiently taught and guided her through all odds

and odysseys to THAT reality Beyond.....

.....THAT Being the same 'I am THAT I am' Christ speaks of.

In 1994, after healing from cancer and later a stroke, she had a mystical magical encounter with a Balinese Healer, who heightened her professional accuracy. This meeting was foretold to her by her inner guidance one morning in meditation nine months earlier. Within the year, after the prophesized death of the Balian, she developed the GenIsis<sup>2</sup> energy as a way to align the Initiate, the Star Child, the Christ/Christa, the AlekhMystic, the Avatar within to re-member our own unique Genetic DNA coding.

After 7 years in New York City working with GenIsis<sup>2</sup>, she asked God/US how she could better share her AlekhMystica gifts. Within no time she spent 7 years in California and 7 years in Florida clearing karma, writing, editing, aligning, honing, living and learning about herSelf and the mountains of writing she'd compiled around and about her serendipitous experiences.

Her AlekhMystical books are written in an Alehchemical way to heighten the inner sense of the reader. The style and essence are such to opens the mind and heart to reveal life as more than just some series of random experiences. Life is a way WE explore and discover Being "One Self" in the most joyful fundamental way.

Born and raised on the outskirts of Springfield, Anywhere USA,

she is Here/Now a citizen of a New World.

# Welcome to the 5<sup>th</sup> Dimension





## Welcome to the 5<sup>th</sup> Dimension!

One day I asked God/US; "How can I do more for Hu/Womanity?  
How can others see what I see?  
How can I share THAT gift of sight?"

My AlchzMystic writings are the answer to THAT request.  
The AlchzMystica books are written, each in such A manner and  
in its own Mystical Rite, as an opportunity and A Way to explore  
and heighten the inner sense  
and sensibility of the reader. Its unparalleled style,  
along with THAT pure essence, has A way of opening the mind and  
heart, revealing the whole  
and holy purpose of life as more than merely some  
random series of meaningless unrelated experiences or encounters.  
Life is A way WE, as A Humanity  
and A Womanity, explore and discover One Self.  
The AlchzMystical Golden Means 'A Word to the Wise' is A unique  
collection of Poems, Art, Aphorisms and Genuine  
Genuis Words to the Wisz.

As you peruse the book, see the Alchzmy in the Art,  
Allow its essence to uncover its AlchzMystical Secrets  
As well as come across the silent  
sentient

ingredient THAT builds

A bridge

**HERE~NOW**  
Enjoy the read